



# SUMMER SCHEDULE 2019



**JUNE 10-JULY 26 = 7 WEEKS, JULY 29-AUGUST 2 = DEAD WEEK**

**AUGUST 5 – AUGUST 16 = 2 WEEKS (dates/times TBD)**

## MONDAY

V/S  
FOOTBALL  
WRESTLING  
6:30 am - 8:00 am

B-8TH/9TH  
8:00 am - 9:00 am

G-8TH/9TH  
9:00 am - 10:00 am

V/S- GIRLS MULTI  
SPORTS  
10:00 am-11:00 am

V/S  
CROSS COUNTRY  
SOCCER  
SWIMMING  
10:00 am-11:00 am

## TUESDAY

V/S  
BASKETBALL  
GOLF  
8:00am - 9:00 am

V  
BASEBALL  
SOFTBALL  
9:00 am - 10:00 am

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**TWITTER:**  
**@PVSTRENGTH**

## WEDNESDAY

V/S  
FOOTBALL  
WRESTLING  
6:30 am - 8:00 am

B-8TH/9TH  
8:00 am - 9:00 am

G-8TH/9TH  
9:00 am - 10:00 am

V/S- GIRLS MULTI  
SPORTS  
10:00 am-11:00 am

V/S  
CROSS COUNTRY  
SOCCER  
SWIMMING  
10:00 am-11:00 am

## THURSDAY

V/S  
FOOTBALL  
WRESTLING  
6:30 am - 8:00 am

V/S  
BASKETBALL  
GOLF  
8:00 am-9:00 am

V  
BASEBALL  
SOFTBALL  
9:00 am - 10:00 am

V/S  
GIRLS MULTI SPORT  
10:00 am - 11:00 am

**YOUR COMMITMENT  
DETERMINES YOUR  
FUTURE**

**SPARTAN  
STRONG**  


**WEBSITE:**  
[https://sites.google.com/a/  
student.pleasval.k12.ia.us/  
spartan-strength/](https://sites.google.com/a/student.pleasval.k12.ia.us/spartan-strength/)